



## **Greetings!**

*Thanks for your interest in Dynamic Duality's Personal Growth and Spiritual Healership Training program. Requesting this information packet may well be your first step of an amazing journey in personal transformation.*

*Dynamic Duality creates sacred space for personal healing that is authentic, organic & sustainable. Program participants learn much about themselves & about others. Along the way there are many opportunities for paradigm shifts. It is an invitation to new ways of being.*

*As a graduate of Dynamic Duality you will have learned powerful spiritual healing techniques to begin or expand as a practitioner of the healing arts, should that be a desired means of expression. Perhaps even more importantly, you will have learned how to strengthen & to heal relationships in all aspects of your life: your relationship with yourself, with loved ones, with Community & with the Divine.*

*Classes typically meet Saturday and/or Sunday one or two times per month, along with a few Friday evenings, beginning in the Fall and continuing through June or July. Classes are held at a retreat-like setting conveniently located 20 minutes south of Olympia, WA. Attendance at all classes is critical to the participant's ability to develop and integrate knowledge & skills for each level. While we do not require that participants commit to attending all four levels of the program, we strongly encourage this for maximum benefit for the individual.*

*If our program seems right for you, plan an interview as part of your decision-making process. The interview is an informal discussion; an opportunity for us to meet & for you to have your questions addressed. Our preference is to have the opportunity to review your application before the interview; however, we will schedule interviews in advance of application submission upon request. Call us at 360.264.6146 to schedule. There is no charge for the interview, which is typically 60-90 minutes. Please note this interview is required for your application to be considered.*

*If you would like more information, but are not yet ready to schedule an interview, feel free to call us; we'll be happy to answer any questions we can over the phone. We welcome the opportunity to talk with you & address any questions about the materials in this packet, or any other questions you may have about Dynamic Duality's Personal Growth & Spiritual Healership Training program.*

*love & light,  
**Maggie & Erik Laurentz***

*360.264.6146  
[www.DynamicDuality.com](http://www.DynamicDuality.com)*

# **Personal Growth and Spiritual Healership Training Program**

## **Program Overview – Four Levels of Training in Relationships**

Dynamic Duality's Spiritual Healership program is a journey of personal growth & self-discovery, a celebration of sacred stewardship & an invitation to live with greater joy, passion & creativity. The program unites the science of physics, the art of healing & the practice of mindful presence through the spiritual exploration of Relationships:

### **Level I: Relationship with Self**

- Exploring body wisdom, intuition & being in the moment;
- Opening to your life-force for greater presence, safety & awareness;
- Releasing old tapes, ancestral programming & self-limiting beliefs;
- Spiritual Healing Skills: Basic Gaia (earth) Energy Healing protocols, grounded presence, introduction to Neuro-Linguistic Programming, & Usui Reiki I.
- Level I Program Certificate

### **Level II: Relationship with Others**

- Experiencing true contact & connection with others;
- Giving & receiving love & acceptance more fully;
- Releasing distortions regarding sexuality, sensuality & free-flowing life energies;
- Spiritual Healing Skills: Intermediate Gaia (earth) Energy Healing protocols including Astral Healing & Unitive States, Sacred Space, Distance Healing, & Usui Reiki II.
- Level II Program Certificate

### **Level III: Relationship with Community**

- Exploring trust, transformation & surrender;
- Following one's personal truth;
- Aligning personal will with Divine Will;
- Spiritual Healing Skills: Advanced I Gaia (earth) Energy Healing protocols including Spiritual Surgery, Chakra & Aura repair & restoration, opening to guidance & channeling.
- Level III Program Certificate

### **Level IV: Relationship with the Universe**

- Journeying in to your spiritual essence;
- Transmuting duality into unity;
- Experiencing Healership in every aspect of life;
- Spiritual Healing Skills: Advanced II Gaia (earth) Energy Healing protocols including Life Intent (Hara) & Core Essence healing,.
- Level IV Program Certificate; Gaia Healer Practitioner Certificate; Usui Reiki Master Certification; Minister Ordination

# **Personal Growth and Spiritual Healership Training Program**

## **Level I Program Detail: Relationship with Self**

The Level I program syllabus is designed to engage participants intellectually, emotionally, spiritually, physically & energetically. There are many new concepts to understand, new perspectives to consider & new ways of relating to yourself to discover.

Level I Training is an awakening of your subtle body, an embodiment of your physical self, and an alignment of your attention and intention in new and powerful ways.

### **Introduction to the Human Energy Field**

- Introduction to Field Layers of the Aura - focus on field layers 1-3
- Introduction to Chakras - focus on chakras 1-3
- Higher Self, Lower Self & Masks
- Energetic Defenses & Holding Patterns
- Four Dimensions of Existence

### **Grounded Presence**

- Energetic states of being: Holding Neutral
- Strengthening body wisdom & intuition
- Identifying & beginning to clear Transference & Projection
- Releasing idealized images & frozen belief systems
- Decompressing experiences trapped at the cellular level
- Introduction to Neuro-Linguistic Programming (NLP)

### **Gaia (Earth) Energy Healing Skills – Level I**

- Charging Chakras
- Strengthening Field Layers
- Clarifying & Strengthening Life Intent (Hara)
- Strengthening Energetic presence
- Developing Objective Observer
- Holding Sacred Space for self & others
- Letting go of the outcome: Aligning with Divine Will
- Giving & receiving beginning level Gaia (Earth) energy treatments

### **Usui Reiki Healing Skills**

- First Degree Usui Reiki training & practice

# Personal Growth and Spiritual Healership Training Program

## More about the Program

### In the Classroom...

Erik & or Maggie Laurentz teach classes, which are a combination of lecture, discussion, exercises, demonstration & hands-on practice. Gaia (earth) energy is subtle yet powerful, infusing & interacting with all levels of being: physical, intellectual, emotional, spiritual & energetic. You will see & be seen more fully, more honestly, & with more compassion than perhaps at any other time in your life.

### Outside the Classroom...

There are three or four required reading books and/or audio recordings for required listening at each level of training. Level I books include: Hands of Light, by Barbara Brennan; Undefined Self, by Susan Thesenga; and NLP at Work, by Sue Knight. In addition to required reading/listening, time commitment outside of class includes our recommendation for each participants to actively engage in self-care, to journal & to practice techniques you will be learning for strengthening your energy field. As you progress in your healership skills, you will be practicing skills with classmates outside of class time. There are assignments to be completed outside of class between levels, as well.

Program fees includes one consult with Maggie &/or Erik as an opportunity outside of class time for individualized feedback & support. Participants are also required to schedule a minimum of two private healing sessions with Maggie or Erik at each class level. The fees for these sessions are in addition to program fees.

### Instructors

#### Maggie Laurentz

A former nurse, Maggie worked for 20+ years in healthcare finance in Controller and Director roles. Maggie came to the field of alternative and complementary medicine as part of her own journey of recovery from chronic fatigue and GI dis-ease.

Maggie completed a five-year program of study with A. P. Hamilton, a graduate of Barbara Brennan School of Healing. A Gaia Energy Healer, Certified Spiritual Healer, Earth Steward, Usui Reiki Master & Ordained Minister, Maggie is also Hypnotherapist certified through the National Guild of Hypnotists and a Somatic Experiencing (SE) practitioner. SE, based on the work of Peter Levine, PhD helps individuals to release shock trauma held in the body.

Maggie has a private practice offering Somatic Experiencing, Gaia energy healing, hypnotherapy, coaching and spiritual counseling to clients. Maggie's focus in her private practice is in empowering clients through education, awareness- & skill-building, reconnecting the physical with the spiritual, facilitating trauma renegotiation and release, and enabling a fuller experience of life.

#### Erik Laurentz

Great-grandson of the talented Spiritualist Minister and psychic, Gertrude Beech, Erik is a life-long spiritual seeker and practitioner of energy techniques, including Kundalini yoga, Tae Kwon Do, and energy healing.

Erik completed a four-year program of study with A. P. Hamilton, a graduate of Barbara Brennan School of Healing. A licensed Neuro-Linguistic Programming Practitioner, and Hypnotherapist, Erik is a Gaia Energy Healer, Ordained Minister and Usui Reiki Master. Erik is an advanced-level practitioner of Somatic Experiencing. SE, based on the work of Peter Levine, PhD helps individuals to release shock trauma held in the body. An educator for many years, Erik combines his passion for spiritual healing with his passion for teaching.

# Personal Growth and Spiritual Healership Training Program

## Financial Information

### Program Fees

Program fees for participants entering the Dynamic Duality Spiritual Healership program in 2010 is \$2,200 per level for each of the four levels of the program. Program fees will not be increased for participants who progresses sequentially through the four levels. If you take time off & then re-enter the program, program fees will be at the then-current rate. If you repeat a level previously completed in good standing, program fees for the repeated level will be one-half the then-current rate. Subsequent levels will be at the then-current rate for that class. Program fees are non-refundable & non-transferable.

### Payment Schedule

Program fees for each level are due at the beginning of the program. A payment plan is available which allow for a series of payments over the duration of the program. Payment may be made by cash or check or via PayPal (subject to PayPal administrative charges). Alternate payment plans and work-trade may be considered, based on individual financial need.

#### **Program Fees Payment Options:**

#1 Pay in full by program start date & receive vouchers for two private sessions (\$150 value)

Application fee	\$ 50
Due on Acceptance-no later than 1 <sup>st</sup> class	\$ 450
Pay within 10 days of 1 <sup>st</sup> class	<u>\$ 1,700</u>
Total	\$ 2,200

#2 Payment Plan - Includes \$55 finance charge

Application fee	\$ 50
Due on Acceptance-no later than 1 <sup>st</sup> class date	\$450
3 Payments over class term \$585 each	<u>\$ 1,755</u>
Total	\$ 2,255

### Other Expenses

Selected books & CD's are assigned as required reading/listening at each level of the training. Participants can expect to spend approximately \$100 per level on required these materials. You may optionally choose to invest in a massage table for practice outside of the classroom. Fees for the minimum required two private sessions per level is approximately \$150. Other incidental expenses &/or fees may apply.

### Referral Recognition Program

A program fee credit is given for each referral that results in a new participant attending and successfully completing their first level at Dynamic Duality Center for Energy Healing. Each program fee credit earned in the 2010-2011 program cycle is equal to \$400. Credits are applied against the subsequent level's program fees. Complete details on the Referral Recognition Program are available upon request.

# Personal Growth and Spiritual Healership Training Program

## 2010 Admission Application Form

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Telephone(s) \_\_\_\_\_ Email \_\_\_\_\_

**Please respond on separate sheet(s) of paper to each of the following (please type & number your responses):**

1. Please provide a brief personal history.
2. Please outline your personal growth work to-date.
3. What is your primary purpose for enrolling in this program? Include a brief discussion of what you hope to realize in completing this program.
4. Are you presently taking any medications or drugs? (include name of medication and for what condition)
5. Anything else you would like us to know, or you think would be helpful for us to know

**Please initial the following:**

\_\_\_\_\_ I am in good physical, emotional and mental condition and am able to participate in the regularly scheduled activities of the program.

\_\_\_\_\_ I take responsibility for my well-being during and after the program.

\_\_\_\_\_ I understand that all shared material from other participants in this program is confidential.

\_\_\_\_\_ I understand that the skills and techniques I will be learning are powerful tools to be used only by those who have the intellectual, emotional, and energetic maturity to do so wisely and with discernment. I will not teach, train or otherwise provide instruction to others in the skills and techniques I learn without written permission of Dynamic Duality program directors.

\_\_\_\_\_ I have enclosed my \$50 application fee, check # \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

An interview is required for your application to be considered. Call 360.264.6146 to schedule. Our preference is to have the opportunity to review your application before the interview; however, we will schedule interviews in advance of application submission upon request.

Mail your completed application and \$50 non-refundable application fee (check payable to Maggie Laurentz) to: Maggie Laurentz, 903 Wright Rd SE, Tenino, WA 98589. For applicants accepted into the program, the \$50 application fee is applied 100% to tuition.